



Healing at the *SPEED of SOUND*

*Susan Stoltz*

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## About

*If you want to find the secrets of the universe, think in terms of energy, frequency and vibration.  
~ Nikola Tesla*

If you're reading this, it's because you are looking for information—maybe you've heard about AlphaSonic® therapy from someone who has experienced seemingly miraculous results, or you stumbled upon our website, or heard me speak at a workshop or conference.

You're in the right place.

What follows in this eBook is a series of accounts people have had with AlphaSonic therapy. There are literally thousands of stories like this that I have been privileged to be a part of over the past twenty years. One of my very favorite things is watching people's faces as they or their animal respond to this therapy. Here, you'll see people and animals in a variety of situations involving pain, illness or injury and how AlphaSonic therapy helped.

You will also have an opportunity to see just why AlphaSonic therapy works—the science behind the miracle. Here's a spoiler: the body is actually designed to work to the best of its ability, to heal itself and to stay in a state of homeostasis. A large part of what AlphaSonic therapy does is to decrease the impact of trauma or illness to an area so the body can do just that. With each story you read, I include the science of what happened so you can start to understand the potential it has for your life.

I was first introduced to AlphaSonic sound wave therapy as part of a regimen of holistic therapies when I was recovering from a ruptured ovarian cyst. It was taking me months to heal and progress was very slow. When sound wave therapy was applied to me, I showed dramatic improvement. As I became able to get back to my life and passions, I was curious if sound wave therapy would improve the workout recovery time for my competition horses. I saw tremendous results. Then one day, I had a horse who developed colic. It was a crisis situation and I thought to try AlphaSonic therapy on the horse while I waited for the vet to arrive.

It truly was a miracle that when the vet arrived thirty minutes later, my horse was recovered. The dried sweat marks on his body, abrasions from violent thrashing and two fresh manure piles were the only remaining evidence of his bout with colic. No medications had been administered and none were prescribed. The acute condition was resolved quickly, safely, and without drugs, surgery or other invasive means. Relief from the pain, spasm and blockage was obtained by using the sound wave technology, administered by a lay person who loved her animals. This event was life altering for me. I suddenly realized what AlphaSonic had the potential to do for people and animals.



## Kendall: CrossFit Competitor with ‘All Gain and No Pain’

*Our body is a machine for living. It is organized for that, it is its nature. Let life go on in it unhindered and let it defend itself, it will do more than if you paralyze it by encumbering it with remedies. ~ Leo Tolstoy*

Athletes generally have a particular mindset—they are full of passion and focused on excellence. In their pursuit of betterment, they often push their bodies to the limit. Doing so can result in extreme soreness, fatigue and an increased risk of injury. Competitive and professional athletes constantly search for tools, technology, supplements, therapies, medications (legal or not), and anything that will give them a competitive edge.

Primarily, they are in search of two things: enhanced performance and faster recoveries.

Kendall is in his early 40's. The past few years, he has become passionate about training for CrossFit competitions. Competitive athletes like Kendall pursue grueling training and reach the edge of extreme physical and mental fatigue. And like many athletes, he found the ultimate solution for enhancing performance and accelerating recovery safely and legally with AlphaSonic.



The aim of the CrossFit organization is to forge a broad, general, and exclusive fitness program that will best prepare trainees for any physical contingency. The winner of the Annual CrossFit Games is awarded the prestigious title of: *Most Fit Functional Athlete on the Planet*.

The competition includes uphill and downhill running, weight lifting, pull ups and other demanding tests. This type of hardcore and intense competition is not without consequences. It is not uncommon to witness competitors hitting the wall, vomiting, and having muscle spasms in this unforgiving test of strength and endurance.

These competitions are appropriately termed, “Hell-Ins”.

Kendall was at a disadvantage for the uphill/downhill run because he lived in a city that had a flat topography. He was miles away from the nearest foothills for sufficient challenge to train his body. Coupled with a rigorous and demanding work schedule, he was unable to train for the other aspects of competition as often as he would have liked. He also had lower back issues with some scar tissue build-up that prevented him from lifting as much weight as he had done in the past.

A few days prior to his annual competition, he consulted with me to prepare for the event. He had concerns about reinjuring his back, being sore and exhausted for days after competing and generally not being as ready as he wanted to be for competition.

I administered the pre-performance protocol in the afternoon on day one and then again in the morning on day two. Each session lasted about 45 minutes.

Two days later, he competed in the regional CrossFit Games. He was astounded at his results and the following is a direct quote, “My usual recovery time from CrossFit competition is three days of extreme soreness, fatigue, and pain. After two 45 minute AlphaSonic sessions in the days before the competition, I exceeded my prior personal best for lifting at 135 pounds, running, and pull ups of 90. Recovery was reduced to zero pain and one day of feeling a little low on energy.”

I spoke with Kendall the day after the competition. He was reported his stats and said he was feeling “great.” *Great after a regional CrossFit Games competition?* Okay, so maybe there is a first for everything! I had a few questions for Kendall:

How did it AlphaSonic help you when competing? Did you have less pain or discomfort? Did you have a shorter, less painful recovery time? Did you feel stronger? Did you experience more energy?

Kendall reported he experienced more elasticity and range of motion; structurally, he felt stable; his core was more stable and stronger; no pain on the run or overhead squats, and no typical lower back twinges. His recovery after the competition was virtually zero and he had more energy throughout competition. Overall, he was extremely surprised with the results. Instead of his usual extreme soreness, fatigue and pain following the event, Kendall felt just a little bit tired. Plus, Kendall exceeded his prior personal best in all areas of competition!

With the help of AlphaSonic, Kendall was able to compete with a clear and naturally energized mind and body. AlphaSonic helped to enable his body to function at optimum level. All this after just two AlphaSonic sessions. That’s why we say, “All Gain and No Pain”.

Note: If you are an athlete who trains in CrossFit, you’ve probably heard of Rhabdo (Rhabdomyolysis). It’s a rare (but scary and serious) condition that results when there is excessive muscle fiber tearing. Guess what can aid in the quick healing of muscles and the speedy elimination of the byproducts of fitness training, preventing Rhabdo? Yep, AlphaSonic.



## Amika: Breezing Through Performance Barriers

*The living body is intelligent beyond our understanding; it is incomprehensibly intelligent.*  
~ Harvey Diamond

Amika is a highly acclaimed certified CrossFit trainer. She also holds a degree in strength conditioning and athletic training. Her specialty competition is the Olympic dead lift, in which a loaded barbell is lifted off the ground to the hips and then lowered back to the ground.

For anyone (not just athletes) the standard method for increasing strength, stamina, tone and flexibility is to hit the weights at the gym, right? But there is another way. Studies show that sound waves exert pressure when they hit a surface, much like the resistance that lifting weights provides, but the effects are usually too minimal to notice. If the intensity of the sound waves is cranked up high enough, however, sound has the ability to counteract the effects of gravity. The following case demonstrates how this soothing therapy dramatically enhanced performance and strength for Amika, a professional athletic trainer and competitor. In minutes, not months.



Performance plateaus are a stagnation in performance or training. Amika had plateaued at 195 pounds in the Olympic deadlift and could not seem to break through that weight barrier for over a year. Many athletic careers, dreams and hopes are dashed or never fully realized due to the physical and mental impact of plateaus. Athletes often invest countless dollars, valuable time and resources to overcome performance plateaus.

The question I posed to her when she consulted me was, “What would it take to break through that performance plateau?” Based on her professional experience, she responded that it would take a “minimum of six months with very specific, targeted training along with proper diet to break the plateau and possibly add five pounds to my deadlift”. I pondered her response for about a nanosecond before thoughts began popping into my head - too much effort for too little return, six months of disciplined and rigorous training for a whopping five pounds. That equates to less than 2.5 percent increase in performance after six months— adding approximately 13.3 ounces per month. To me that sounded like a dismal and disappointing outcome at best.

Having worked with many professional athletes in the past, I knew AlphaSonic could give her a significant boost. I told her she could expect to add 23 pounds to her lift after one AlphaSonic session for performance enhancement. She told me that would be “crazy amazing”, to which I replied, “No, that would be Performance Enhancement by AlphaSonic”.

Amika was definitely intrigued. She wasn’t sure if I was completely insane or not but she was willing to give it a go. If nothing else, to disprove such an outrageous estimation. Based on my experience with athletes, I knew what was in store for her so I asked her if we could videotape the session and the strength test.

A few days later, my wonderful longtime assistant, Cecilia, and I showed up at Amika's gym about 30 minutes after her regular morning workout. During her workout, she had attempted her dead lift and confirmed she was still stuck at 195 pounds. We did a short video interview recording her extensive history and qualifications. Amika was no amateur. During the interview, she indicated that she was feeling somewhat fatigued after her morning workout.

She climbed aboard the massage table, and I proceeded to administer the AlphaSonic Performance Enhancement protocol over the next 40 minutes. After about a ten minute "processing period", she began to go through her weight lifting routine, starting with 195 pounds as a warm up. Much to her surprise and after feeling fatigued from her morning workout, she found 195 pounds "easy." My observation of this first lift was similar to a child playing with tinker toys.

Amika set the barbell down and added five pounds. To her amazement, she picked it up with ease as though she had been on her six-month training program. At this point, I asked her how it felt and again she said it was "easy."

She had broken her plateau.

I asked if she wanted to keep going and with a smile on her face, she added five more pounds. She continued to upgrade the bars in five-pound increments until she successfully performed the dead weight of 225 pounds. When she tried to increase the weight to 230 pounds, she successfully lifted it off the ground, but she was unable to get it past the fulcrum point.

After just one 40-minute session, she not only had broken her plateau but also added a whopping 30 pounds of weight! This dramatic weight increase left her in a state of near disbelief and bewilderment over what had just taken place. Given her education and experience in working with hundreds of athletes over the years, it was almost incomprehensible for her to believe she added so much weight in just minutes. If it would normally take six months to add a mere five pounds, how long would it take and WHAT would it take to add 30 pounds? Her plateau had been completely obliterated and, on a side note, she experienced immediate recovery from her morning workout which normally would have taken a few days.

Bottom line, Amika gained a 15% performance increase while comfortably laying on a massage table in her gym, listening to rock and roll music, without strenuous effort, popping pills or receiving injections. In less than one hour Amika far exceeded her original estimation of less than 2.5% performance gain after six months of hard work. Who in their wildest dreams could begin to think it was even possible? Most likely, only people who have experienced AlphaSonic.





## Rocky: Car vs. Canine

*The treatments themselves do not 'cure' the condition, they simply restore the body's self-healing ability. ~ Leon Chaitow, N.D., D.O.*

As our family members age, including our canine ones, taking care of them can become increasingly difficult and burdensome for family members. Owners of aging dogs often struggle with their pets' dementia, loss of faculties and incontinence — as well as navigating through the maze of end-of-life care decisions. When an aging family member experiences severe trauma, it can thrust this decision immediately upon you.

Rocky is a dog that I found on the side of the road, stuffed inside a Budweiser box at barely four weeks old. She quickly showed signs of being a beautiful German shepherd mix. My five year-old daughter chose her name, and she lived up to it time and again. Strength, stamina and bravery.



Without any formal training, she chose to be the ranch patrol dog, keeping horses in line, coaxing them into trailers with a nip at their heels, a guard dog extraordinaire, in charge of rodent control, etc. While she was not a typical “pet”, she was deeply loved by all. Her contributions to a working ranch were immeasurable.

Rocky operated as a protector and guardian and kept her distance physically and emotionally from people. She would allow you to pet her for about five seconds and then lay down six feet away to keep watch. Attempts to contain her inside or make her a “house dog” were futile and resulted in torn screens and chewed doors. If something was moving, she ran alongside it keeping pace to make sure it stayed in line. This included horses, people, cars, trucks, tractors and semis. How she stayed injury-free for the first 17 years of her life was beyond belief.

At 17, Rocky was almost blind with cataracts, her hearing wasn't that good and her hind end trembled after her (now trotting) patrol of the borders of my property. She still tried to catch rabbits but rarely succeeded. Fortunately, my house was no longer the busy ranch she grew up on, but she still followed vehicles closely. Tying her up or leaving her in an enclosure still created tremendous anxiety for her.

One day, a delivery was brought in by a big truck. As usual, Rocky greeted the truck at the gate and ran alongside it up the 1,700 foot winding driveway. She always, always ran along the driver's side

of every vehicle, constantly watching the driver. This time, Rocky lost her footing toward the top of the hill and ended up underneath the truck, and was run over by the rear wheel.

I was in the house and I heard someone yelling desperately for help. Bolting outside, I found the driver carrying Rocky in his arms, running toward the house. Over the years, I feared this might eventually happen and here it was. There were no signs of blood and I could not tell where her injuries were. Her breathing and heart rate were highly elevated and she was howling in pain.

We laid her on the porch and I immediately began administering AlphaSonic. It was Saturday. Our local vet had already closed and the nearest emergency hospital was almost an hour away. Within about ten minutes of starting treatment, her elevated breathing and heart rate began normalizing.

It was difficult to tell where her injuries were. She could move her front legs, but not her hind legs. Fifteen more minutes found her breathing and heart rate almost normal, so we loaded her up for the trip to the hospital. I ran the AlphaSonic off my cig adapter and kept it aimed at her during the drive. I called the hospital to inform them of our pending arrival with the details and stated, "My elderly dog has been hit by a truck, is injured and needs to be seen as soon as possible".

We arrived at the hospital about two hours after she had been hit by the truck. The staff met us with a gurney and brought her in. I kept the AlphaSonic on her while I filled out paperwork. They informed me it would be a few minutes before she could be seen and asked me to have a seat. She remained relaxed and alert on the gurney next to me where I continued working on her.

It seemed as though a new emergency case entered through the doors every fifteen minutes, and each one was admitted almost immediately. After about an hour, I approached the receptionist and asked when Rocky would be seen. She glanced over at Rocky on the gurney, looked at some papers and said, "Hopefully soon. There were some real emergencies that came in but it shouldn't be too much longer". Another two hours passed--no other emergencies had come in and two had been discharged.

It was now four hours after my dog had been hit by a truck and although Rocky appeared alert and relaxed, I knew she was badly injured and needed to be examined. I inquired again as to when Rocky could be seen. Once again, she looked over at Rocky and then replied, "Well you don't look stressed and your dog doesn't look stressed so we are taking the other cases first." I reminded her that I spoke with her on the phone on my way in and that despite our lack of stress and any external bleeding, my dog indeed was badly injured and needed veterinary care. She finally agreed to admit us right away.

Within minutes, we were taken back and the vet began a physical exam. He commented on how relaxed and good she looked for getting hit by a truck just four hours before. As he examined her pelvis, she howled in pain and he looked a little bewildered. "Her vitals are normal, there is no swelling, but her hind end is severely traumatized. I'll have her sedated to get some X-rays." I retreated to the waiting room and began using AlphaSonic on myself.

About 30 minutes later, the veterinarian came rushing through the door to speak to me. He informed me, “Your dog is badly injured--really badly injured, and given her age, her condition and her injuries, I recommend we put her down. It's like an 86 year-old grandma having a badly broken hip and sacrum. Most likely, your dog would not survive surgery, and we cannot put the femoral head back into the socket. We could amputate the leg but given her age, chances of surviving surgery and rehabilitation are slim to none. It wouldn't be fair to her. And you're probably looking at several thousands of dollars for the procedure and rehabilitation. The most humane thing to do given the situation is to her put down. You can come in to see her and think about it.”

I asked the vet to go over the x-rays with me. Her sacrum was fractured, the head of the femur was out of the socket. Three vets had tried to get the femur back into the socket to no avail. The cartilage was gone. Technically, there were fractures, nothing was broken, but bones were out of place. He used the term “mangled”. She also had arthritis in her spine, sacrum and joints. In his opinion, amputation or euthanizing were the only options. Even if she made it through surgery, her age and condition would render recovery near impossible. She would have months of pain and would have to learn to survive on three legs. Her near blindness from cataracts would not help. Rocky, my faithful patrol dog who was always on the move and never let people get too close, was now completely helpless. The choice for her to die or spend her final days crippled, mutilated and in pain was mine to make.

Rocky lay in her kennel looking peaceful, resting as she came out of her drugged state. In the seventeen years she had been with me, she had never stayed in my presence this long in a stationary position. I hadn't had the opportunity to do any body work on Rocky because she would always run from the intense attention. She was on the move constantly and now she could not get away. Then it hit me--She.Could.Not.Get.Away. Her injuries were not life threatening, only mobility threatening.

The vet's words and comments kept repeating in my mind...surgery not a good option...surprised at how relaxed she is....mangled pelvis...remarkable how comfortable she is... ..nothing broken but it's a mess in there...most humane to put her down....crippled for life....say your goodbyes....her body is in bad shape...too old to recover....not fair to put her through it....neither of you looked stressed....we didn't think she was that bad...injuries not life threatening...remarkable how comfortable she is.

At this point, I had more than 20 years of facilitating and witnessing excellent recoveries from thousands of clients worldwide using AlphaSonic and other vibrational healing modalities. Suddenly, a severe colic case popped in my mind. A horse had been colicking for nearly 12 hours. Through the combined efforts of myself and the vet, we could not get the horse to stand long enough to get to the hospital. The vet called the owner at 3:00 a.m. to obtain permission to put the horse down. Just prior to euthanizing the horse, the vet stated, “I know this horse has bouts of intense pain. There is a large impaction--he could have a twist or a stone. However, he is not showing any signs of distress. In my heart of hearts, I cannot euthanize him when he in such a comfortable state.” By 7:00 a.m., the horse was able to make the trip to the hospital where he underwent surgery to relieve a double twist, flush out twenty pounds of sand in his intestines and recovered in record time. The horse was 19.

Rocky's vet came in and asked me what my decision was. "You advise against surgery. Euthanasia is irreversible and very permanent. Her injuries are not life threatening and although her pelvis is mangled and fractured, nothing is broken. She's injured but showing little distress," I continued. "I feel it's best for me to take her home and work on her. We'll see how she responds over the next few days". The ER vet was not pleased with my decision and said something about "not being fair to my dog". I paid the \$1,000 bill for the exam and went home with Rocky.

At home, I set up a treatment area for her in the house and brought her inside. That lasted about a nanosecond. It brought on intense anxiety and she began pulling herself toward the front door. What was I thinking? With clients, I always emphasize working with an animal or person in their most comfortable position and environment! I carried her outside and placed her under a tree while I moved her therapy center to the front porch. Five minutes of AlphaSonic quickly erased all signs of the stress I initiated by bringing her into the house.

Since Rocky had no use of her hind legs, I purchased a dog water life vest with handles along the spine to help lift and support her fragile body so she could go to the bathroom. The first couple of days were a bit of a roller coaster, but AlphaSonic always helped her calm down as she got used to her new routine.

The life vest turned out to be a real life saver. On the second day I put her on a raw food diet and she developed a healthy appetite. AlphaSonic treatments continued several times per day, which she usually slept through. On the fourth day, my younger daughter commented, "Mommy, I never knew Rocky had such pretty brown eyes. She looks different." Indeed, Rocky did look different. Her eyes that had been clouded with cataracts were now a beautiful chocolate brown. She spent her days intently watching bunnies and expressing her frustration at not being able to run after them.

About ten days after the injury happened, I was presenting the scientific studies and applications of AlphaSonic for professional practice to a group of veterinarians and chiropractors. During the demonstration portion, I brought Rocky along for them to evaluate. There were about 20 doctors in attendance, several of whom I had worked with for years and had experienced many "miracle recoveries" in their practice which they attributed to AlphaSonic. I gave them Rocky's history and asked for their opinion. They took turns examining her and barely spoke. Not a single word of encouragement. Then, the head veterinarian said, "Susan, I am so very sorry about your dog, but there's nothing we can do. She is 17, maybe it's her time and maybe you're having trouble letting go." I thought to myself, *these doctors have seen so many cases where there was absolutely no hope, and animals made full recoveries. Do they really see no hope for Rocky?*

Weighing their words, I began examining my motive in keeping Rocky alive. Was I being selfish? Was I using her as a science experiment? Was I having trouble letting go? One doctor, whom I had worked with for about ten years, gave me a compassionate hug and said, "We've seen a lot of miraculous recoveries from your work, but this one? Come on. Really?"

Rocky had adapted well to our routine yet the outward signs had shown little improvement. But her eyes were clear, appetite was good, she was in good spirits and relaxed. It had only been ten days post injury. What did these guys expect to see at ten days? Would they be up and running in such a short amount of time? I reminded myself ‘people only know what they know and they don’t know what they don’t know’. With that, I decided the doctors could keep their opinions and I would continue my treatment approach for another thirty days before making any decisions. During our sessions, Rocky continued going into a deep sleep, a telltale sign of deep healing. But after being immobile for two weeks, her muscles looked atrophied.

At two weeks, I suspended Rocky from a tree branch by the life vest with her front paws on the ground, keeping weight off the hind end. Ever so slowly and cautiously, she began bearing small amounts of weight on her left hind leg. Now that she was using her muscles, the atrophy throughout her body was all but gone after only three days of this exercise. AlphaSonic was crucial in keeping circulation to the tissues during her lay-up. Once the muscles got put to use, they came right back.

By the end of the third week, she was ‘up’ in her vest a few times per day. I would take her down the instant she was not eager to be up. This was important because it takes energy for the body to heal, and I wanted to conserve the available self-healing energy for her injuries, not bring on body or muscle fatigue. Rocky continued bearing more weight on her left hind leg and for longer periods of time. She began squatting and getting up by herself. The right hind leg was still of little use, but she made attempts to use her paw to stabilize herself.

Four weeks after the accident, Rocky no longer needed the life vest and was getting up and down by herself, walking around the property. Each day, she ventured further and stayed away from the porch for longer periods of time. She had made great strides in her recovery thus far. She would occasionally use her right hind leg, the left was very strong and she could get up and down by herself. When she did come to the porch to rest, I would seize the opportunity to administer AlphaSonic. It wasn’t long until she became impatient with the sessions and would get up to leave after a few minutes. One day she came to rest on the porch and when I reached for AlphaSonic, Rocky got up and took off. At that moment, I knew she had truly made it. It was as if she was just fine and wanted to get back to her patrol duties.

Three weeks after the doctors’ seminar, one of the doctors who had been in attendance called to request AlphaSonic appointments for his wife and two children. I responded by saying, “I will be happy to work with them on the condition that when you arrive, I have your permission to videotape you from the time of your arrival.” To which he responded, “That seems a bit strange, but if that is what it takes, so be it.” I assured him that I would not be videotaping his wife and children, knowing their health issues were private.

I had someone restraining Rocky about one hundred feet away, on the low side of a slope. She began barking when she heard his truck. I turned on my camera and when he stepped out of his truck, I whistled for Rocky. She came bounding at a full run up the slope of the yard, barking at this intruder. Fearing she might get aggressive toward him, I gave her the relax command and she halted in her

tracks. To say he was astounded and in a state of disbelief describes it mildly. Shaking his head and trying to find words he said, "Please tell me this is not the same dog I saw at the conference." I smiled. "This is the exact same dog, just somewhat improved. Her vision and hearing have improved. She's gained weight. Her coat is better than I have ever seen it. She's back to chasing rabbits but has a little hitch in her get-along."

He kept shaking his head in disbelief. He watched her running circles around him, barking, wanting to know who he was and why he was here. "I have to tell you something. After you left the seminar, all of us (doctors in attendance) agreed there was no way that dog would heal. That she should be put down. You proved every one of us wrong. If you had just called me and told me that this is what happened, there is no way I could believe it. No way! But I'm seeing it with my own eyes."

For the next five years, Rocky continued being on patrol and chasing rabbits and squirrels, even catching some on occasion. She became more people oriented and did her best at patrol. Her gait never became perfect but it did not need to. She had a great quality of life. One day at the ripe age of 22, Rocky took a 'forever nap' under a big oak tree.



## A Dalmatian: Allergy Distress

*The body is one integrated system, not a collection of organs divided up by medical specialties. The medicine of the future connects everything. ~ Mark Hyman, M.D.*

Allergies among the general population are on the rise. Allergies can range from mild to severe, greatly hindering performance and quality of life. This immune system response is not limited to humans; our friends of the canine world can be just as vulnerable. Chronic or acute skin issues often accompany these allergies.

While conducting training at an AlphaSonic veterinary seminar, a dog was brought in with severe skin issues and allergies. Everyone agreed it was, by far, one of the most horrific cases they had ever seen. The dog had a long history of allergies with severe skin reactions and was in the middle of a terrible bout. He had been at the hospital for a week and placed on Prednisone and sedatives for pain and to reduce scratching. Instead of resembling the pure Dalmatian he was, he looked more like a pink and red dog with black spots.

Over seventy percent of his hair was gone, revealing hot pink skin with very large, angry, inflamed red blotches. His obsessive scratching and rubbing had left his skin bleeding in a number of places. Claw marks and scars were visible everywhere on this poor fellow's body. His paws were wrapped to prevent more wounds. There was a strong foul odor along with a white sticky substance on his skin that had a hint of green. Despite all the medication and bathing (which required sedation) this dog had endured over the last week, there was little to no progress. Nothing seemed to give him any relief.

I was asked if AlphaSonic could provide any relief for this sad case. I simply smiled and asked for him to be placed on the table. I made no physical contact with the dog and applied the AlphaSonic from a distance of about six inches away. Immediately, his incessant scratching stopped. After two minutes, the dog stopped panting and his eyes became very soft. A few minutes after that, he laid down and fell into a deep sleep. This is a common occurrence during AlphaSonic sessions. Snoring, drooling, passing gas and eye tearing are all frequent responses. It is said that when the eyes are tearing, pain is being released from the body.

About twenty minutes into the treatment, the intensity of the pinkness and redness was visibly reduced by almost seventy percent. The strong foul odor had intensified briefly, but was minimal by the end of the session. The participants in the seminar were quite impressed with the immediate and significant changes they witnessed.

A week later, I got a call from the attending veterinarian to report that with daily AlphaSonic treatments, the dog continued to improve. New hair was growing in; scratching was seldom; the redness and heat were almost gone. The wounds were healing and the scars softening. His appetite

was great and he became playful. His medications were greatly reduced and his paws no longer required bandaging.

Where all else had failed to bring relief, this device made a huge difference in bringing about a dramatic shift for a terribly stagnant case. Whether human or animal, when suffering from sensitive, painful skin, the last therapy you want is to be touched. Fortunately, we can work with that!





## Priceless: For the Love of a Horse

*Healing is a matter of time, but it is sometimes also a matter of opportunity.  
~ Hippocrates*

Colic is a word that every horse owner dreads (mothers with newborn babies, too). For horses, here are different types of colic that can have varying degrees of pain and complications. Unfortunately, many horses will suffer from colic at some point and some experience colic on a regular basis. Getting veterinary attention as soon as possible, and definitely at the right moment, can mean the difference between life and death for your horse. Sometimes, surgical treatment is necessary and can be very expensive. Finances often play a role in the decision and you may be faced with a choice of euthanasia to spare your beloved companion a painful and ugly death. This can be a very traumatizing decision. In most cases, as it was for Michelle, it is akin to losing a beloved family member.

Michelle had spent the majority of her spare time for nearly fifteen years enjoying the unique bond that she shared with her horse. Together they garnered many ribbons in the show arena. Due to a downturn in the economy, Michelle had put him into retirement a few months earlier to save on expenses.

Michelle's horse had been colicking for a solid twenty-four hours before being taken to the hospital. He would not drink water because it brought on additional pain, so he needed intravenous fluids to combat dehydration. Without enough fluids, a heart cannot distribute oxygen throughout the body which can rapidly lead to damage to vital organs. Pain medication was administered to calm his constant pawing and to keep him from trying to roll to stop the pain which might result in him twisting his intestines.

After three days of being in the hospital with round the clock monitoring and care, Michelle desperately feared what the bill would be and how she would pay it. She was tired from lack of sleep, worry, and concern for both her horse and her finances. She spent nights at the hospital in his stall hoping, crying, and praying for a miracle for him to be relieved. He had not had a bowel movement in almost four days and things were getting worse.

As she sat on a bale of hay, the tending veterinarian approached her to discuss his case. Her horse's physical and mental state were rapidly declining and he recommended surgery as the only viable option, fearing that he had a twist that could rupture, go septic and lead to a horrible death. If that happened, euthanasia would be the only humane option. The vet told her that the chances of recovery were quite good, stating, "He's going nowhere fast and we need to act within the next hour if he is to be saved." The vet left and the hospital manager came to discuss the costs associated with surgery and recovery. Including her current tab of \$2,500, the surgery and recovery estimate ranged from \$8,000 to \$12,000, depending on what was found when he was in surgery. Their business policy required payment up front or a letter of credit from the bank.

A year before, Michelle had been gainfully employed and making six figures. But like so many people in the depressed economy, she was out of work. She lost her home to foreclosure and had no borrowing credit. Her resources were depleted. Her horse had been her buddy for fifteen years, giving her a sense that all was right with the world, even when her life felt like it had fallen apart. This surgery could save him, but she had no way to pay for it. That left euthanasia, but she didn't even really have the money for that..

Overcome by her sense of guilt and feeling like a failure, she called an old friend for comfort, sobbing into the phone. "I need a miracle. My horse is suffering, they are telling me I should put him down. I cannot bear this and I don't know what to do. I need a miracle and fast..."

Her friend lived in another state and had been using AlphaSonic for a few months with great results on her horses and she suggested Michelle call me right away. Michelle felt a slight glimmer of hope when she realized we had the same area code. I was just finishing up with a barn call when her call came in. The hospital was right up the street from me. I told her timing of her call was probably Divine and that I could be there in ten minutes. When I arrived, I found a completely distraught Michelle and a horse in a lot of pain. I began working on him and within five minutes, he started showing signs of relaxation. As he relaxed, so did Michelle.

He began passing gas. After 45 minutes, he appeared to be in very good shape and greatly improved overall. The tending veterinarian was pleased as well. I suggested, "Let a little bit of time pass and continue to monitor him. If he appears stressed or gets into trouble again, call me and I'll come back."

About an hour after I left, he began having regular bowel movements and according to the owner, by the next morning, "...he flooded the stall with manure piles and completely cleaned out." He was discharged the next day and the nightmare was over.

Within a few days, Michelle was back to riding him on the trails, grateful to have him alive. She began to look at life differently, valuing and appreciating all that surrounded her. She began to focus on joy and celebrating each moment. Within two weeks, she was offered a job where she could apply her gifts and talents with flexible hours so she could spend time with her precious horse.



## A Stallion of Renown: Conquering Cancer

*It's more important to understand the imbalances in your body's basic systems and restore balance, rather than name the disease and match the pill to the ill. ~ Mark Hyman, M.D.*

Sometimes the key that turns around an individual's life can spring out of hopelessness and a last-ditch effort. The individual in this case was a highly prized and valuable sport horse breeding stallion. The manager of the breeding farm had already experienced her own personal success in the restoration of her health through AlphaSonic after years of serious health threats. It left no doubt in her mind that if she was able to make such a positive breakthrough, then why not give this breeding stallion every chance of survival despite the cancer that was ravaging his body.

The stallion was about thirteen years old when he started receiving chemo treatments for cancer. He had several tumors that had been surgically removed. The surgeries and chemo had reduced this once vibrant breeding stallion to skin and bones with no muscle tone. His days were spent in his stall with his head hung low, too weak for much else. He resembled the storybook horse Black Beauty pulling the milk cart, totally debilitated and depressed.

This farm collected semen from the stallions and performed artificial insemination, keeping very accurate records on sperm count, motility, and the number of straws produced. He was a highly prized stallion and used to command a several thousand dollar stud fee. Based on her prior experiences with AlphaSonic, the farm manager thought it was certainly worth a try to see if AlphaSonic could help restore his health and breeding potential. His last collection had been about two years ago and all of the counts were at zero.

As I began feeling my way over his body, I came to a three-inch diameter tumor on the front of his chest, one on his girth line, several tumors up inside his hind quarters located above and behind the stifle joint. The large tumor on the front of his chest felt like a hard rock with jagged edges. From that tumor were cords like hard ropes attached to a whole network of tumors. The tumor had been removed from on his midline several times and had reappeared, now slightly smaller than a golf ball.

In order to get maximum benefit from the series of treatments, I first administered the appropriately named "100,000 Mile Overhaul" protocol. He immediately showed signs of relief and increased comfort during the treatment. Within a couple of minutes, he dropped his head, closed his eyes, began licking his lips and yawning followed by slow, relaxed deep breathing. During this first session, the tumor on his midline opened up and began to drain.

The second day, the tumor on the front of the chest that had been rock hard felt like a soft ball. The jagged edges were gone. It seemed slightly larger in size, which did not surprise me because AlphaSonic stimulates a fresh oxygenated blood supply, rich in nutrients to problem areas. To me, it felt as though the actual tumor had reduced in size and was now surrounded by a barrier of some sort. After a second application directly on the tumor, the tumor felt about thirty percent smaller than day one.

I set up a series of protocols for the staff to administer on a daily basis and I monitored progress by telephone and twice weekly visits. All the tumors and the network of cords connecting them were shrinking, with the exception of the one on his midline. It grew in size, stayed open and continued to weep. His appetite increased and he began to frolic in his daily turnouts instead of standing in a corner, depressed with his head hung low. His once protruding bones were becoming less visible and his coat had taken on a new shine. As the tumors began shrinking throughout his body, the tumor on his midline kept increasing in size, draining and then falling off. This cycle repeated several times over the next few months.

After seventy-five days of therapy, I received a call from the farm manager, raving about how the stallion was blossoming. He was back to his pre-cancerous weight, his muscle tone had returned and his body looked as though it had been in training for months, AND he was showing interest in mares. They could not be happier with the dramatic turnaround. They hadn't seen him in such great shape for a couple of years.

Continuing her update she began laughing and said, "You're not going to believe this next part. Before he got sick, from a breeding standpoint, his production values weren't spectacular. He would maybe produce about a half dozen straws, the motility rate was at twenty to twenty-five percent, and he had a low semen count as well." She went on to say, "We have not seen him look this good in years. Given his remarkable turnaround in such a short amount of time, we decided to collect him for the heck of it since he was showing signs of interest in the mares. The last time we collected him was two years ago and he was at zero on all counts. Blank all the way around! We just got the report back from the lab and, are you ready for this? The number of straws doubled over his prior healthy best; going from six to twelve. The motility rate had doubled to between forty-five to fifty percent and the count had doubled from three hundred thirty-three to six hundred and sixty-six. Funny, we always called this guy the devil."

The equine semen cycle is sixty days, which means any therapeutic efforts being applied will take sixty days to show up in the semen. Therefore, only the benefits of the first fifteen days of AlphaSonic applications can be attributed to the dramatic increase in his semen production. There was no change in feed or supplements during this process. The only thing that was changed in this stallion's life was introducing regular AlphaSonic treatments. They continued to successfully collect him and put him back to "work" as a valuable breeding stallion.

In working closely with customers over the years, many people have reported fabulous "side effects" with AlphaSonic on problems such as erectile dysfunction, infertility and other reproductive issues. It definitely enhances performance as proven in studies.



## From Serious Skeptic to Adamant Advocate

*The day science begins to study non-physical phenomena, it will make more progress in one decade than in all the previous centuries of its existence. ~ Nikola Tesla*

Since 1991, I have witnessed many radically, life-changing experiences through AlphaSonic technology. No matter how many miraculous healings I have experienced with others--whether humans, horses, dogs, cats, birds, or even wildlife, my greatest joy over the years has been derived from observing a determined, hard core, non-believer transition into a total and complete believer in this emerging technology. The following situation serves well to illustrate this case in point.

Out of the blue, I was contacted by phone by a woman who was a very gifted equine body technician and massage therapist. She had been an equine technician for many years and was trained by a well-respected veterinarian. She was very allopathic in her approach to health care. Since we had not previously met, I was curious how she got my number and her reason for contacting me.

As her story unfolded, I found myself somewhat amused when she told me that my name had actually become quite an irritant to her. It seemed everywhere she went to work on horses, people would keep telling her, "You need to connect with Susan; she has a great piece of technology." She was informed that I had "this piece of technology she should look into", etc., but because she preferred to work with her hands or to work with something that had been "around for a while and, preferably, backed by a plethora of scientific studies", she wasn't interested in what I had to offer. At this point I asked, "So why are you calling me?"

Liz had been investigating purchasing a therapeutic ultrasound unit and was referred to a medical doctor (a well-respected chronic pain management specialist) who was selling one. As it turned out, this doctor owned a number of competition horses. She asked him why he was selling it. She knew ultrasound machines were widely used in therapy and knew them to be highly effective. His answer was, "I've started using a technology similar to ultrasound in that it uses sound waves, but a different frequency. It doesn't require gels, doesn't heat up the tissue, penetrates deeper and is much safer than ultrasound. A woman has been using it on my horses and they're performing better than ever. I've seen results I never thought possible – from musculoskeletal to wounds, wind puffs to internal organ issues. The results are faster, longer lasting and it's much safer and easier to administer. A child could use it and get results."

He continued to tell her that as a pain management doctor for over twenty-five years, he had never experienced anything like it and he had seen such great results in both animals and his human patients. In fact, he had purchased several units and it was replacing his ultrasound units. He then offered, "Her name is Susan and as much as I would like to sell you my ultrasound unit, here is her number."

That was the final straw. She decided to call, if nothing else, to tell me that she was tired of everyone telling her to call me. We arranged to meet and she presented some complex equine cases. I

knew the technology would be put to the test. She was still resistant to work with this “newer technology” but willing to experience it for herself based on this prominent physician’s recommendation.

We met at the barn where she had a number of rehabilitation cases. I suggested demonstrating on the worst or most complex ones first. Ask and you shall receive! The first horse she brought out was recovering from hyoid styloid surgery following a head injury. His recovery had been minimal in spite of weeks of therapy. He had lost muscle mass and motor coordination.

Liz had been working on this case two to three times a week for several weeks with very little progress. Before her eyes, the horse went from minimal progress to remarkable progress with dramatic, immediate results.

As I was finishing up the treatment of the horse, she said, “OK. That’s it! I hope you have a lot of machines in your car, because I want three right now.” Her transition to a believer in the technology has also led her to becoming a huge advocate. She never misses an opportunity to recommend it to her clients, friends and family members!



## Mittens: the Tail of a Cat

*There is evidence that acupuncture influences the production of and distribution of a great many neurotransmitters and neuromodulators, and that this in turn alters the perception of pain.*

*~ David Eisenberg, M.D., Clinical Research Fellow at Harvard Medical School*

This case involved one of my own cats with a serious pelvic injury. Mittens is a three year-old beautiful, sleek shorthaired black cat with golden eyes and six toes on each paw. It has been my experience that cats with extra toes are extra mischievous and he was no exception. Exploring new places and rearranging objects was his specialty. His favorite place was my garage and he was in charge of rodent patrol. In my garage, I stored boxes with some heavy ones on the upper shelves.

I came home one Friday night to find him on the garage floor, unable to move and howling in pain. I saw two boxes from the shelves with the contents spilled out on the ground and claw marks on the sides. Mittens' breathing and heart rate were highly elevated, he was panting like a dog with his tongue hanging out. Reaching my hand toward him brought out his natural defenses of bared teeth, hissing and deep growls as if to say, "Don't even think about getting near me!!!" His hind legs were splayed out and his tail appeared limp. Touching the tip of his tail brought no response – a pretty clear indicator that the nerve supply to the tail had been severed.

Tails of cats are wonderful, expressive body parts used for communication purposes and balance. Mittens showing no response to me touching his tail was not a good sign. Veterinary attention was definitely in order. It was Friday night at 10:00 pm. The nearest emergency clinic was 40 minutes down a windy road if I traveled the speed limit and my children were already in bed. I am certain that there are statistics somewhere that support my contention that children and animals only have injuries in the evenings and on weekends. Just saying.

I do not know how long he had been laying there, but I had been gone for about 3 hours. Making no attempt to move him, I immediately began administering AlphaSonic to help him relax. Within ten minutes, his panting and growling subsided and he began to purr. He still could not move. He had no use of his back legs and no response in his tail. He allowed me to pet him and when my fingertips grazed his pelvis, he responded with a stuttering meow. I offered him food and water. He lapped up a bit of water but refused the food. His comfort level had increased greatly so I set him up for the night.

The next morning, I found him in the same position, unmoved, but it was obvious he had drunk more water. He still showed signs of pain but was no longer in distress. I worked on him again for about 30 minutes and then an hour off, followed by 30 minutes on until the veterinarian's office opened. When I went to transport him, he let me know it was uncomfortable, but there was no teeth baring, hissing or razor sharp claws. When the veterinarian examined him, he commented on how surprised he was that despite his obvious injury, Mittens was very comfortable, even relaxed. He completed the physical exam and then took x-rays. The report stated, **"01/22/02 x-rays of pelvic region show sacro-coccygeal luxation, cat displays nonuse of tail beyond the pelvis"**.



The structural misalignment and pelvic trauma resulted in soft tissue damage and the nerve supply to the tail had been severed. Amputation of Mitten's tail was recommended.

The veterinarian informed me the nerve is an electrically excitable cell that processes and transmits information through electrical and chemical signals to the spinal cord and the brain. It would take months to recover to even some extent, but would probably never fully heal. Pelvic and tail injuries in cats can be serious and very painful, potentially affecting the spine, bowel and bladder. Tail injuries heal notoriously slowly. A good six months must pass before you can say that maximum recovery has occurred and no more positive progress can be expected. Mittens could not feel or use his beautiful, long, expressive tail anymore.

Chances of it healing over the next several months were slim to none and in the process, most cats would begin self-amputation (literally chewing it off) as it was an appendage to the body the brain no longer recognized. It would not be a pretty process and infection would be a likely result. He stated he had seen it many times before and recommended avoiding the ugly ordeal--a process he would not want his daughters to witness. He recommended amputating the tail for many valid health reasons.

I asked him what the chances were for recovery and he admitted he had seen this injury quite often and had never seen a recovery. Had it not been for my years of experience of "miracle healings" facilitated with AlphaSonic, I might have gone for the surgery. So I asked him what a miraculous recovery might look like. At that point, I could tell he was getting somewhat impatient with me—he had clearly gone over the diagnosis and prognosis. And rightly so—he had a veterinary license, not a miracle license!

"Well, a miraculous recovery in this case would be for you to bring the cat back in say three to six months and his bones would be all lined up, his pain gone, he would have full use of his tail with no arthritis. At six months, he will be as healed as he will ever get."

Fortunately, this vet had seen a number of "miraculous recoveries" from other clients using this therapy as an adjunct to his veterinary services. We talked about cases he had seen where pet owners used AlphaSonic at home to help speed up recovery from broken bones, punctured lungs, coyote attacks, wounds, ulcers, torn ligaments, etc. He admitted AlphaSonic had produced some great results. But with Mittens, the nerve supply was SEVERED and expecting AlphaSonic to help with that could be stretching it, pushing our luck. He did not want to see Mittens suffer and my daughters witness a gruesome recovery.

He pondered things for a bit and then said, "You know, when I look at the x-rays, and I look at the cat laying here, the x-rays don't match up with the cat's state of being. He should be very distressed and showing signs of great pain. Why don't you give it a try? Administer pain meds if needed



and bring him back in 30 days.” I declined the surgery, got pain meds to administer if needed, thanked him for his services and told him I would be back within a few weeks for a recheck.

As soon as I brought Mittens home from the vet, I applied AlphaSonic as the drive home had exacerbated his pain. Minutes into the session, he began purring and fell asleep. When he woke up, I offered him some watered down food and he lapped it up—a good sign. When animals are sick or injured, they usually reject food. It takes energy for the body to heal and it takes energy to digest food. Here was Mittens, badly injured and back eating and drinking less than 24 hours after his injury



occurred. It was painful for him to use his litter box, but he did, and I followed it up with another session that quickly eliminated the pain.

I worked on him several times per day in about 20 minute increments for the first week. Every day he showed signs of improvement in mobility and his appetite was good. I never did give him any pain meds. Instead, whenever he showed signs of discomfort, I applied AlphaSonic.

On day five, the tip of his tail began twitching while I worked on him. Over the next several days, it was no longer flaccid and he began to show signs of using it for balance in his short and awkward walks down the hallway. His tail was very crooked but it was obvious some changes were taking place. For the next two weeks, we continued with daily sessions and his progress continued. At the end of three weeks, he was back to his old self. Playing with the other animals and had increased use of his tail. At the end of 30 days, I took him back to the vet for re-examination and new x-rays.

The vet’s office staff was quite pleased to see him purring away in his cat carrier. When I brought him out and placed him on the exam table, he rolled over and over purred the whole time. The vet walked in, he stood up arched his back, holding his tail high, gave the vet a “straight-up-happy-tail-shimmy”, buried his head into the vet’s hand, laid down and began thumping his fully restored tail on the exam table. The staff took his weight and found he had gained weight. They took x-rays and we saw that the bones were lined up perfectly, with minimal calcification at the injury site. He was declared 100% healed in just 28 days.



## HoneyCat: Feline vs Fender

*Great moments are born great opportunity. ~ Nikola Tesla*

The following case is near and dear to me as it involved one of my cats in the early days of my journey with AlphaSonic therapy. Although I had her for several years prior to her injury, she was basically a feral-type cat facing a life threatening injury.

This cat came to me as a rescue when she was about two years old and loaded with behavior issues. Her mother had died suddenly and now this cat was going to be euthanized due to her anti-social behavior. She had never been outside and had been howling since being separated from her mother several days before. She was terrified of people and sudden movement or noises. She would bolt if she sensed human presence or at the slightest noise. The only reason she hadn't been euthanized yet was because her owner couldn't catch her. They named her "HoneyCat".

Catching her and bringing her home was a feat filled with trauma, drama and risk of injury for everyone involved. I felt like I was in the presence of a cornered wild animal fighting for its life. Her teeth and razor sharp claws were bared and ready for action--growling, hissing and striking with lightning speed and accuracy. A couple of hours and some nasty scratches later (in spite of leather gloves), this bundle of joy and I were on our way home.

After bringing her home, HoneyCat hid between the mattresses of the trundle bed and howled round the clock--for four days, peaking in the middle of the night. She positioned herself so that she was just out of reach. Any attempts to make contact with her were met with hissing, growling and her rapid strike. I placed food, water and a clean litterbox at her disposal. I never saw her emerge, however each morning her food was gone, the water was half full and solid evidence was in the litter box.

On the fifth day, she began exploring her new surroundings, but whenever someone would enter a room she would bolt out. Over the following months and years, any attempt to engage with her would result in increased distrust, fear and defensiveness. She quickly earned the name "HoneyCatFromHell". We let her have her space and so did our other cats and dogs. The most anyone ever saw of her was an occasional flash of blonde-orange fur bolting for cover. She was free to come and go. We provided food, water, and shelter and everyone got excited if they saw her for more than a nanosecond. She became a symbol of good luck in our home because you were lucky if you got to see her.

Four years later on my birthday, there was a knock on my front door. I opened the door, wondering if it might be a birthday surprise. Instead a man regretfully informed me there was a "blonde animal lying in the road that had been hit by a car". Two of my ten animals matched that description. Instantly I feared it was my 130 pound dog who was fond of escaping. If so, there was no way I could carry him back to the house. I ran to the road to find, instead, that it was HoneyCatFH. She had been struck by a car and her head took the impact. She lay in the road, unable to run away from human presence for the first time. She was helpless. I scooped her up and carried her into the house.

Although she was not bleeding, her head had massive swelling. Swelling such as this can be threatening, potentially causing ulceration of the eyes, cardiac arrest and death if proper medical treatment is not received quickly. Her gums were white, her pupils unresponsive, her breathing and heart rates were extremely rapid.

I brought her in the house, placed her in a box and started using AlphaSonic on her immediately. Ten minutes later, a few friends stopped by to wish me happy birthday only to find me hovered over her administering AlphaSonic, watching intensely for any response.

Over the next couple of minutes her vitals began to stabilize. Her gums went from white to pink, breathing relaxed and her pupils became responsive. As she stabilized, I began to notice how beautiful she was. Her fur was short and very soft with light orange and blond stripes. She had been with me for over four years and it was the first time I could pet her and talk with her. I told her she was totally safe, loved and accepted into our lives, quirks and all.

Over the next fifteen minutes, the swelling began to diminish. It was like someone had very slowly drained a water balloon. After a total of thirty minutes, she started purring. Then, she suddenly got up, jumped out of the box and ran up a flight of stairs to the attic. My friends and I were all stunned and wondered aloud if this had really just happened.

The attic was being remodeled and had all sorts of great hiding places. My thoughts went from her dying before I could get her to a vet, to fear of her hiding and dying somewhere in the attic. Not wanting to terrify her by noise, human presence and attempting to catch her, I set out food, water and a litter box in the attic. As I had done for the prior four years, I monitored her life status by what had disappeared from the food and water dishes and by her deposits to the litter box. For the first two days, she did not touch food, water or use the litter box. Nothing. I quietly searched everywhere and could not find her. My fears of her almost certain death were slightly eased by the lack of carcass odor. On the third day, there was finally evidence she had eaten, drunk water and used her litter box.

While I cooked breakfast on the fourth day, my two and a half year old daughter came into the kitchen proudly proclaiming, "Mommy, look what I have!" I turned around to see her holding in her arms, yes *holding in her arms like a ragdoll*... HoneyCatFH!!!! Her hind legs swinging back and forth, no less! Having seen this feral cat's fierce claws in action before, my protective maternal instincts immediately went into overdrive. I feared there would be no good outcome.

I believe the element of shock has a powerful purpose. In this case, it made me freeze and not make a sudden movement. I calmly instructed my daughter to "*put the cat down right now*" and she begrudgingly complied.

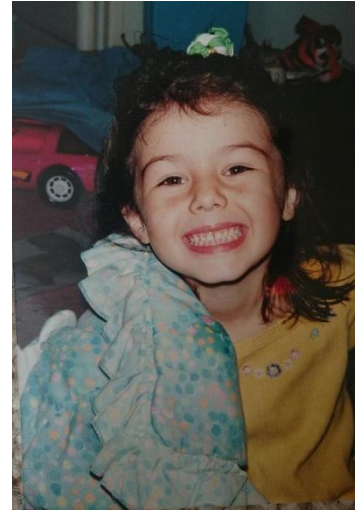
After setting her down, HoneyCatFH spent the next several minutes purring, rubbing and weaving in and out of my toddler's legs. When she asked if she could pick her up again, I suggested she sit on the floor with her and pet her as a better option. Everything looked reasonably safe and this once feral cat was now rubbing and loving all over my two year old child!

When breakfast was ready, she spread her favorite blanket on the floor and they had breakfast together. My daughter talking to her, offering her bits of food, and cooing at her and playing with her tail. The cat purred and rubbed all over her. My daughter squealed and squirmed with delight. HoneyCatFH head butted her, coming back for more. I was fascinated and speechless by what was happening. I tried to be cool and act like this was no big deal and really it wasn't...it was just life altering.

Not wanting to disrupt this flow of goodness, I remained fairly frozen in my chair to watch and enjoy. After about 10 minutes, I turned on the AlphaSonic and placed it on the blanket next to my daughter. In less than a minute, HoneyCatFH begin rubbing all over it, purring all the while.

Traumatic brain/head injury survivors often experience long-term disabling changes in cognition, sensorimotor function, and personality. HoneyCat's exposure to the calming, healing energy of AlphaSonic technology allowed her brain and her body to heal.

For the next few days, I remained reserved about the permanence of this radical personality change in this once "cat from hell". We changed her name back to "HoneyCat" and she remained very affectionate, social and loved her continued AlphaSonic sessions for years to come. Indeed I did get a birthday surprise that day--HoneyCat gave me a birthday gift lasting a lifetime and touching countless lives.



## Buttercup: A Cow That Used the Force

*The doctor of the future will give no medicine, but will instruct his patient in the care of the human frame, in diet, and in the cause and prevention of disease. ~ Thomas Edison*

Cartilage is a very important part of the body. It covers the surface of joints enabling bones to slide over one another while reducing friction and preventing damage. It serves two main functions: it acts as a shock absorber and it acts as a supportive layer by cushioning your weight on your bones when you move, bend, stretch, and run. Cartilage clearly has a vital function in mobility.

Several years ago my office manager had a big smile on her face and presented me with a message with a request to call “Lynn” on behalf of a “Mr. Lucas of Skywalker Ranch.” Written in the message was the request that I come up to work on some animals. At the time I was working on a number of race horses, and I associated the message with the highly successful racehorse trainer D. Wayne Lucas, but the name “Skywalker Ranch” threw me off. I had always thought it was “D. Wayne Lucas Racing Stable.”

My office manager had a little fun at my expense when she asked me if I had ever seen the movie Star Wars, to which I replied, “No.” She laughed and muttered under her breath something about me being “un-American, and that I might want to watch Star Wars.” I told her my focus was helping people and animals heal and reaching their full potential, but that I would try and watch it in between client cases and my kid’s school events.

Upon returning the call, I learned that this *particular* Mr. Lucas did not have racehorses, but did have a collection of farm animals on a large ranch in northern California. He loved them very much. One of them was a dairy cow. Buttercup was her name, and as I came to find out many years later, she was a gift from a very famous singer and inspired his farm animal collection. Buttercup was now lame and had endured five surgeries at U.C. Davis. She had bone rubbing on bone in the stifle joint, a complex joint in the hind limbs of quadruped mammals such as cows, horses and dogs.

The stifle is the equivalent to a human knee and a major support joint of the hind legs of a cow. Cows have the most limited range of movement in their hips compared to other quadrupeds.

The ranch manager, Lynn, picked me up at the airport. When we went through security at the ranch, Lynn was asked, “Who are you bringing in today, and why are they here?” Lynn replied, “This is Susan. She is bringing in Star Wars healing technology and is going to fix Buttercup.” Those words seemed appropriate enough and figured one day I’d watch the movie to fully grasp her definition.

An untrained eye could easily see the obvious displacement in Buttercup’s hips. Her right hip was a couple of inches higher than her left in an attempt to not bear any weight on her right leg. Her leg merely dangled, and when she would attempt to turn, she barely let it touch the ground. When she did, it was with a groan of pain. She had already endured five surgeries on her stifle to no avail and was

bone on bone. Her back was in spasm from compensating for her bad leg, her breath was short and often labored.

Buttercup's living conditions were what many people dream of. She was surrounded by love, appreciation and very well-cared for. She had a large comfortable stall deeply bedded with pine shavings, with a door leading out to a large dirt paddock. At the rear of the paddock was a gate that opened out to many acres of beautiful lush green grass. It was bordered by a tall pine forest. The gate was always left open during the day as an invitation for her to graze in the pasture. However, because of Buttercup's pain and her limited movement, she never ventured out of the stall or paddock to explore the acres of grass.

After evaluating her, I looked at the ranch manager and said, "Well, she just needs to have some new cartilage in there." The manager looked at me and said, "Yeah, we know that, and it's not like it's a K-Mart blue light special." I had many years of experience and dramatic results by this time. "Miracles" had become everyday occurrences for me and I tended to forget people were not aware of certain possibilities. My reply to her was, "The body knows cartilage is supposed to be present, and AlphaSonic helps to reactivate the body's innate self-healing by infusing it with life force energy. Cartilage has no blood supply, it needs energy to regenerate." I had witnessed cartilage, bone and other cell based tissues regenerate in many other cases. Lynn looked at me like I was completely nuts—a look I was accustomed to on most work days.

Lying down and getting back up brought excruciating pain for Buttercup. Being down for prolonged periods can turn into a life threatening event for large livestock. The cow's weight can lead to a lack of circulation and crushed internal organs. When a cow becomes a "downer" and cannot stand on its own, euthanasia is generally considered the most humane and cost-effective option.

The noise that came from her stifle when she started to get up sounded like someone pulling a 16-penny nail (which is a very long nail) out of a solid wood plank. It was a horrible creaking noise that made everyone's stomach turn. Our first session consisted of addressing her entire body with my "healing-sabre" to increase her overall comfort level. Within minutes her breathing became more regular and she began dozing off with relief from pain.

After working on her for about an hour, I set up a daily treatment program for Lynn to administer and guided her by telephone every few days. Buttercup showed dramatic improvement from day one and never regressed.

After a period of two and a half weeks, the results were remarkable. Lynn called me to report that her own jaw was "sore from hitting the ground multiple times." Not totally sure just what she meant, I asked her to please clarify. Lynn responded, "Every morning when I see her progress, my jaw about hits the ground in amazement! I can't handle this anymore. I am a pre-veterinary student at the university, and they are not teaching me any of this in school." She continued by telling me, "Buttercup's progress is beyond belief! This cow that had been crippled for so long is now bearing weight on her bad leg, comfortably getting up and down and it has only been about two weeks with

AlphaSonic.” I assured her that she was not dreaming or crazy, healings like this happen frequently with AlphaSonic and for her to expect more progress very soon.

A couple of days later, something happened that about put Lynn over the edge. She went to Buttercup’s stall to feed her lunch and Buttercup was nowhere in sight. Not in the stall, paddock and no sign of her in the pasture. Lynn began frantically shaking the grain bucket and calling her name, looking over the vast expanse of the ranch for any sign of Buttercup.

Just when she began to wonder if Buttercup had vaporized, she saw a beautiful golden glimmer emerging from the forest on the back side of the pasture. And it now it was running toward her at a full and graceful trot. *No way, this is impossible*, Lynn thought to herself. Her jaw dropped open (once again) at the sight of Buttercup, now trotting and gaining ground with total ease. She greeted Buttercup with a big hug and took her into her stall for water and to have lunch.

Lynn watched as Buttercup enjoyed eating her grain, standing squarely on all four legs and reflected on the transformation that had taken place, how comfortable Buttercup was and how everything she had witnessed conflicted with what she was being taught in school. The results were undeniable, but none of it seemed to make sense.

Suddenly, as if Buttercup could sense Lynn’s mental conflict, she lifted her head from her feed bucket, looked Lynn straight square in the eye, and performed a body movement that is generally reserved for young and extremely agile cows, prompting Lynn to call me immediately and report:

“If it wasn’t enough to blow my mind--watching this cow that had been severely crippled just a little more than two short weeks ago run across the pasture, she just pulled her head out of the feed bucket, looked me straight square in the eye, picked up that back leg that didn’t work and started scratching her ear like a dog! That’s it! I can’t handle this anymore--I am totally blown away! They certainly are not teaching me this stuff in school! This could definitely be classified as Star Wars Healing Technology!”

I reminded Lynn how she told security I was bringing in “Star Wars healing technology” to fix Buttercup and of my initial assessment--Buttercup just needed some new cartilage. In my realm, it really was that simple. To me, it didn’t matter that Buttercup was “old and crippled”, she just needed a bit of help to activate the innate healing force that lies within us all with something like a little “healing-sabre”.



## From Tragedy to Triumph, Fortune and Fame

*Provided one has the correct level of vitamin, mineral and nutritional input, the body can overcome disease. ~ Linus Pauling*

While the outcome of this case may astonish some, the recovery aspect is what I have come to expect from AlphaSonic.

In January 2014, an online order was placed requesting overnight delivery for an AlphaSonic. When overnight delivery is requested, it triggers an immediate call to the customer find out how we can best support them in the urgent situation. I spoke with Joy Gallagher of Gallagher Show Goats, in Florence, Texas.

Gallagher Show Goats breeds and raises show goats, maintaining a herd of about 400 goats. Throughout the year, high school kids take various goats on as their school project and compete in local, county and state events. Dee Leatherwood and his wife Pam are actively involved in the goat farm. Their son, Tate Leatherwood, was a senior in high school and has been working, studying and showing goats since he was eight years old (more than half his life). He had always dreamed of competing at the grand-daddy of them all – The Houston Livestock Show and Rodeo. It is the second largest fair in North America and is considered the “Super Bowl” of livestock shows.

For months, Tate had put in long hours diligently working with one of the Gallagher goats that was a champion hopeful. The goat’s ear tag bore the number 3086 and they called him “86” for short. Being a high school senior, Tate was in the final five months he would be eligible to compete at the livestock shows and hoped to get to the big one. Tate is a son any parent would be proud of and the type a community eagerly supports. This was his last chance and after investing ten of his seventeen years; he was going to give 86 everything he had to try to get to the big one. His family, friends and community were behind him 100%.

In my call to her, Joy reported that 86 had sustained a severe injury a couple of days prior. The goat’s hind leg got caught in a fence and 86 panicked. Violently jerking his leg to free himself, he sustained severe tears to the tendons and ligaments in the stifle joint (equivalent to the human knee). They were shredded. There was also a fracture and a piece of bone had broken off. 86 was in a lot of pain, his leg was swollen and he could not bear any weight on it. Goats rarely turn down food, but his appetite was gone and he was losing weight.

The veterinarian’s prognosis was six to eight months of confinement for the injury to heal by itself, but 86 would never be a show quality animal. Surgery might shorten the process and could cost several thousand dollars. Coupled with rehabilitation, medications, risk of infection, etc. the options for 86 were looking dismal at best and slaughter was being considered. If a ligament is stretched past a certain point, it can result in permanent damage, never returning to its original state.



The Gallagher and Leatherwood families were devastated. The Houston Livestock Show and Rodeo was starting in just seven weeks. Getting a replacement goat was just not an option. It takes months of hard work, dedication, training and caring to prepare your goat for competition. In a flash, Tate's promising hopes and dreams were vaporizing. News traveled fast and the hearts of friends and community members went out to Tate.

Wheless Miller had been friends with the Gallaghers for some time and lived a couple of hours away. She was also a dedicated AlphaSonic user of about nine years, had attended my advanced training seminars and had firsthand knowledge of its benefits. When Wheless heard the news she emphatically told Joy, "Do NOT send that goat to slaughter. Go online, get yourself an AlphaSonic overnighted, and I'll be right over as soon as I can with mine to get you started."

During my first conversation with Joy, she asked how much this therapy could realistically help, given the severity of the injury. She had no firsthand experience with the technology, and had only heard her friend's success stories. 86 was in real bad shape--could AlphaSonic make enough of a difference to warrant the investment? Having seen similar injuries in horses successfully heal in a matter of weeks, I assured her the goat would be feeling much better in a few weeks. At that point, I asked her what the goat's name was to which she replied, "86". I chuckled a bit, telling her this device would probably prevent 86 from getting "86'd" and that he would most likely be in show condition in six to eight weeks. The Houston show started in just seven weeks.

Joy sent video footage so I could monitor his condition and give instructions for optimum application. Wheless, bless her heart, got them started and left her unit until theirs arrived. There was no time to waste. After the first application, 86's appetite returned. Within just 3 days, a lot of the swelling was gone and he was walking more comfortably. Everyone was astounded at the rapid improvement.

About four weeks into the process, Dee Leatherwood (who had been doing a lot of the applications) reported to me, "He looks like he's healed up. He's running around, looks great and is acting great, but he's lost weight and it looks like the leg is atrophied." I told him I was not concerned about the atrophy, the muscles would come back as soon as 86 got back to regular work and full exercise. "Just keep using it on the leg and I want you to use it all over his body."

I went on to explain that using it over his entire body would increase his overall vitality, giving him a unique essence or quality that people would be instinctively drawn to. The Houston Livestock Show and Rodeo was three weeks away and this essence, or quality, would set him apart from the field. It would be something they couldn't quite identify, but it would draw them like a magnet, causing the judges to take special notice.

This "essence or quality" is a *very strong life force, qi, or prana*. AlphaSonic delivers pure alpha waves, which helps to activate this vital life force. Having strong life force vitality, qi or prana results in faster recovery. After all, why do you suppose it takes the elderly, weak and infirm longer to recover

from illnesses and injuries? My experience leads me to believe this is one of the key factors that helps to produce such great results with AlphaSonic.

Over the next week, Dee got 86 up to his full exercise routine. The injured leg showed full strength and range of motion. The atrophy was replaced with lean muscle mass. His weight was ideal and showed great tone. 86 was looking better than ever.

Less than forty five days before, taking 86 to the Houston show was about to be replaced by a trip to the slaughterhouse. Now, Houston was back on the calendar in just two weeks, where 86 would go up against over 1,000 goats. Any animal worthy of garnering a reserve or grand champion title would have to be spectacular—there is only one Reserve and one Grand Champion. The Leatherwoods, Gallaghers and their army of supporters went off to the show and worked tirelessly to prepare for the judging competition.

Each and every aspect of an animal is heavily scrutinized in the judging. It is the judge's job to find imperfections or possible room for improvement in every animal. Prior to pinning an animal as reserve or grand champion, the judge explains his or her findings to the audience so exhibitors know what to strive for next time.

Just fifty six days after starting therapy, Tate Leatherwood and 86 were competing in the market goat competition at the 2014 Houston Livestock Show and Rodeo and after several rounds of elimination, was still in contention for a prize. Now it was down to the final round where only a handful of goats and their handlers remained for the final determination of Reserve and Grand Champion.

The livestock judge, Josh Cody, carefully evaluated the remaining goats and made his decision. Tate watched intently as he pinned a fellow exhibitor Reserve Champion, and listened carefully as Judge Cody gave his critique to the large audience that had assembled and to the viewers watching via live stream on the internet. After pinning the Reserve Champion, Judge Cody began to describe the extraordinary qualities a Grand Champion must possess and of the champion he was about to announce. The crowd waited in anticipation—which must have been about unbearable in the Leatherwood/Gallagher camp.

Judge Cody went on to state that as a livestock breeder, he knows how hard it is to raise an animal for evaluation purposes because there are so many aspects that require great attention and care in the process. He strives to find and select animals that are unique and having reached maximum potential in all aspects for their structure and genetic potential. As difficult as it is to find, there was one such animal here today. In fact, he could not find any flaws with one goat.

With that being said, he turned and walked toward Tate Leatherwood and 86, extended a congratulatory hand for a job well done and pinned 86 Grand Champion Market Goat of the Houston Livestock Show and Rodeo 2014! After the judging, there is a parade of champions and livestock auction. Tate proudly entered the ring with 86. Less than 8 weeks ago, 86 was headed to slaughter for mere pennies on the pound, with the Leatherwoods sustaining a big loss, including financial. Tate had

spent the better part of the year and was heavily invested in 86, hoping his investment of hard work and dollars would help pay for his college education. The bidding began. And continued. And continued. Finally, the bidding stopped and 86 was sold to a successful bidder for \$160,000.

.... \$160,000, setting a new world record for the highest price ever paid for a market goat.

Tate's mom, Pam Leatherwood, posted on her Facebook page, "Tate woke wondering if all this was a dream. And then said, Yes it was. It was a dream come true." The good news just kept breeding more good news. This was truly a historic event. Aside from setting a new world record, the high school Tate attended had many entries at the Houston show over the years, but had never in its history had a Grand Champion. Tate and 86 changed that and it brought media attention. To see media coverage of this dream-like outcome, visit:



<https://www.youtube.com/watch?v=cGBAQZEjPRg&feature=youtu.be>

To watch the video documenting 86's injury and triumphant recovery, click here:

<https://www.youtube.com/watch?v=aFLzEV7cocc>

AlphaSonic helped facilitate a triumphant overcome of tragedy, with a bit of fortune and fame, as well. Congratulations to Tate Leatherwood, Florence High School with special thanks to Wheless Miller, Gallagher Show Goats, the Leatherwood and Gallagher families and all their supporters.



## An Untouchable Rose

*The human body has been designed to resist an infinite number of changes and attacks brought about by its environment. The secret of good health lies in successful adjustment to changing stresses on the body. ~ Harry J. Johnson*

One of the most vivid and compelling cases that came before me involved a woman who, for years, suffered immeasurably from the pain of severe arthritis in her hands. If that were not enough of a burden for her to bear, her body was also racked with the pain of fibromyalgia. Her name was Rose, a woman in her mid-fifties.

In my first interview with Rose, she told me she had endured tremendous pain from fibromyalgia, and was devastated by the fact that it was too painful to let her husband of thirty years touch her, even ever so slightly. As I continued to listen, an equally upsetting event was a result of the severe arthritis in her hands. What may be insignificant for others brought her to her knees searching for answers when she could no longer carry her Bible to church, or hold it and flip through the pages. As a devout Catholic, this was devastating for her.

Whenever I am working on a person or an animal, I prefer we start in whatever position is most comfortable for them. We began our first session with Rose in the sitting position, because lying down would have caused her too much pain. I began her application from several inches away, directing the sound waves to key points. After just a few minutes, I noticed she had relaxed considerably and was taking some deep breaths. After about ten minutes I asked her if it was okay for me to gently touch her sore shoulders to check her current level of pain. She was quite surprised that my touch brought no pain. From there, I palpated various points along her neck, shoulder and back, always asking how it felt at each point, and she said it felt great.

Just a few minutes before, no area of her body could be touched without her experiencing intense pain. Over the next fifteen minutes, I began applying AlphaSonic directly to her body and increased the intensity level. I continued checking various points on the hips and legs and to her amazement, there was no pain whatsoever. In fact, this new pressure actually felt good to her!

As our session continued, she noticed that the pain in her hands was dissolving and that she could open and close her hands with much more ease. At the top of Rose's wish list was help for her arthritis. Although we had not specifically addressed the arthritis, she was already experiencing significant relief. The majority of her body was about ninety percent pain free when I began focusing on the arthritis in her hands. The redness and swelling in her knuckles was greatly reduced and she was able to comfortably open and close her hands. After about forty-five minutes, it felt right to stop working on her, and we spent a few minutes going over basic instructions for using her unit at home.

As Rose walked out the door carrying her unit, I noticed how her gait had changed significantly. It was fluid--no longer stiff and fragile. The lines of chronic pain on her face had been erased. She had a

warm smile. She was eager to go home and use her AlphaSonic to help alleviate the many maladies that had been limiting her quality of life for so many years.

Our first session opened up many areas in her body that had been blocked in one way or another many years. She diligently followed the protocols at home for her arthritis and fibromyalgia. Approximately one week later Rose called me, choking back tears of joy and reported that for the first time in many, many years she and her husband were not only able to hold hands as they walked up the stairs to church, but she had carried in her other hand--not one, but two Bibles with no pain or discomfort!

The years of constant pain and suffering were over for Rose. A couple of months later, I placed an additional follow-up call to Rose to hear how she was doing. Over the telephone her voice sounded entirely different than the woman I had experienced in that first interview. She was full of life, strength, joy, and laughter! I know she was smiling on the other end of the line when I asked her how she was feeling. To that she replied, "My body hurts so good!" I felt I knew what she was referring to, but I asked her to please clarify.

She was ecstatic and related to me that she had been busy and active, accomplishing things she had not been able to do in years. Muscles that had been dormant for so long were now being used, felt alive and for her it was a **good sore** feeling. I set her up with some protocols to address the "good sore feeling" and I could sense that she was smiling from ear to ear, just beaming. Congratulations to Rose and her husband! May your next thirty years be blessed with abundant health and joy.



## James: An Injury and Impactful Results

*The next major advance in the health of the American people will be determined by what the individual is willing to do for himself. ~ John Knowles, Former President of the Rockefeller Foundation*

One case in particular has always stood out in my mind because it never ceases to make me smile when I recall it. Have you ever sought help for an immediate debilitating problem and in the process received much more than you ever thought possible?

James is a professional horse trainer I had the privilege of meeting through a mutual friend. James had sustained a serious and incredibly painful groin tear approximately two weeks prior and sought my help for pain relief with AlphaSonic. If that was not enough for him to bear, his large Labrador had knocked him down minutes before my arrival, re-injuring the area.

When I walked into his office, he was sitting in a chair holding the chair arms, writhing in pain, gasping for air between moans and groans which left no doubt he was in agony. Furthermore, the fresh re-injure of the groin tear was causing massive swelling and his pant leg was becoming uncomfortably tight. He looked a little worried and asked if I was going to have to cut his pants off. I told him that would not be necessary and further, he did not even have to remove them. I immediately began to apply the AlphaSonic from a few inches away. Within just a few minutes, his breathing deepened and he became noticeably more relaxed. His groans were replaced with sighs of relief.

With that, I continued working on him for about an hour. James related that he was remarkably more comfortable, his pain was greatly reduced and his pants were “fitting better”, the swelling obviously reduced. I set him up with a unit for in home use and he went home that day feeling empowered to continue his recovery in the comfort of his home. He was relieved that no disrobing was required and I did not have to place a bag of ice on his crotch. Ahh, the simplicity of working with this technology!

The next day I stopped by James’ barn for a follow-up and found a very different James. When I arrived he was in the middle of his arena giving a riding lesson with his faithful dog by his side, the same faithful dog that facilitated the re-injure of his groin tear. I wasn’t quite sure what to think when he saw me and started waving his arms wildly. He was grinning from ear to ear and was obviously very glad to see me. However, I could see that he was still on crutches and knew his injury could not be completely healed. At this point I was somewhat perplexed and wondered just what was going on.

He wasted no time in hobbling over to my car. He couldn’t wait to talk to me, was spurring out questions--so many questions, and was very animated and excited. I asked him if I should get my video camera out to record what he was about to tell me. His response was, “You are absolutely going to want to video tape this!” With that I grabbed my camera and proceeded to record what he had to say. I mentioned to him that just the day before he was nearly crying he was in such agony, and now today he seemed really happy to see me.

He had taken the unit home and after our session his pain was entirely gone for a couple of hours. When the pain started to return, he used it again and 10 minutes later the pain was all gone. Then for the heck of it, he decided to use it on his shoulder in an area that continually caused him pain, especially at night when he was trying to fall asleep.

He related that twelve years prior to he had sustained a serious fall from a horse that had crushed his collar bone. During the healing process of that injury, he totally lost his range of motion in that shoulder, due to the formation and buildup of scar tissue. For the last twelve years, James had not been able to raise his left arm any higher than just below the shoulder. Unfortunately for James, he was left-handed. He had to give up playing tennis. He had to retrain his body to be right-handed for many daily activities.

After using the AlphaSonic on his shoulder for a short while, he felt compelled to stretch his left arm and to his amazement, he raised it straight up to the ceiling. He regained 100 percent of his range of motion. The range of motion that had been locked and blocked for twelve years had completely released in a matter of minutes with AlphaSonic. To James, these surprising benefits of AlphaSonic on his long-standing and life-impairing condition were absolutely miraculous! He was astounded and had difficulty comprehending how this profoundly simple technology could deliver such profound results.

I explained that scar tissue is very dense and has little vascular supply. The AlphaSonic rapidly increases blood supply and deep penetration, even to dense areas with little blood supply like scar tissue, results in softening of the scar tissue, allowing it to be more flexible and helping to restore pain-free full range of motion.

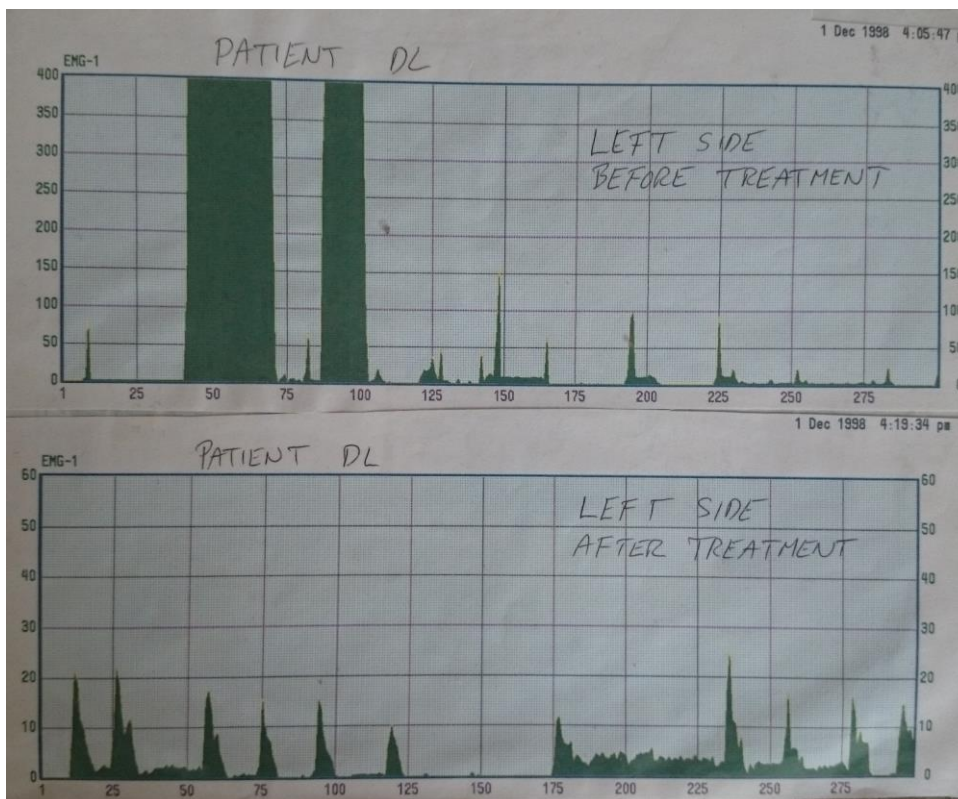
We stayed in touch by telephone and his groin tear healed perfectly over the next couple of weeks. It was a few months later when I saw James again at a horse show. He was about fifty feet away in a crowd of people. Upon seeing me he began to wave his arms wildly, demonstrating his newly-found range of motion. His full range of motion was undeniable. You go, James!



## The Science of AlphaSonic Technology

Sound can hurt or heal. Modern science has identified and verified specific waveforms that promote healing, particularly in the alpha range. Now, technology delivers these clinically and field tested alpha sound waves - random 8 to 14 Hz (infrasound), digitally mastered signals in AlphaSonic technology. These inaudible signals travel throughout the body with a rippling effect, penetrating deeply through cellular structure, moving stagnant fluids and activating cellular response.

Surface electromyography (SEMG) shows dramatic reduction of involuntary muscle spasm within minutes giving patients a safe and highly effective means of pain relief. Local circulation is increased and swelling is reduced. Scar tissue softens, becoming less prone to re-injury. Over stimulated nerves are quieted by the soothing alpha frequencies. Rapid pain reduction is achieved naturally and recovery times are faster.



Scientific studies using infrared thermography (DITI) reveal dramatic decreases of elevated thermal gradients (indicative of inflammation) have been recorded within minutes and lasted for days. Not just a few hours, but days.

A study performed by Dr. Riegel in 2004 confirmed the efficacy of AlphaSonic as a means of "Acoustic Acupuncture". Infrared thermography showed dramatic reduction in elevated thermal



gradients with rapid, long lasting and cumulative results. Remarkably, all treated horses responded favorably in the studies, a 100% response in scientific studies is rare indeed.

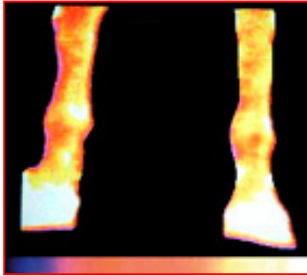


Image 1

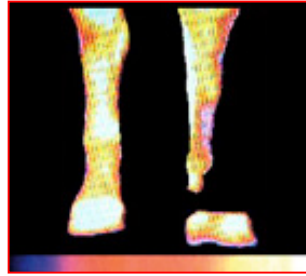


Image 2

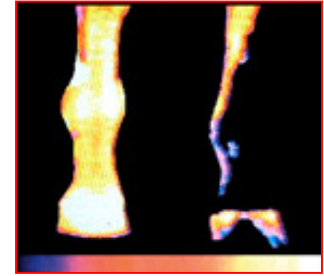


Image 3

### IMAGE 1

#### PRE-TREATMENT

Initial thermograph reveals increased thermal gradients throughout pictured right leg. This is a race horse actively training and racing. Thermal gradients are highly elevated and reflect excessive heat in all areas of the

### IMAGE 2

#### 1ST TREATMENT

The AlphaSonic™ was applied to the specific acupuncture points for this study and this image was taken twelve hours post treatment. The thermal gradients fell so dramatically for this specific area that they were no longer detectable within the standard isotherm setting for the study. This race horse through the course of the study continued training and racing.

### IMAGE 3

#### 5TH TREATMENT

Total of 5 treatments over 5 days. During this time, this horse has trained and raced. The only therapeutic modality that was applied was the AlphaSonic. This image reflects a massive decrease in the overall area targeted during the study for reduction of inflammation. This image was taken 48 hours after the last of five treatments, which reflects the long lasting anti-inflammatory effects of the AlphaSonic.



Blood serum analysis confirmed elevated blood serum levels of AST and CPK returned to normal range within hours of application.

### **CPK LEVELS: NORMAL 150 –450 U/L**

<b>ANIMAL</b>	<b>INITIAL</b>	<b>24 HOURS</b>	<b>48 HOURS*</b>	<b>72 HOURS</b>	<b>96 HOURS</b>	<b>120 HOURS</b>
1	360	345	360	280	245	220
2	540	530	560	475	450	420
3	280	285	310	275	265	250
4	430	400	420	400	380	380
5	580	530	620	540	480	460
6	720	545	625	430	385	360
7	490	460	480	410	375	340
8	210	220	270	245	235	240
9	820	680	720	625	580	570
10	620	580	630	600	585	550

Unlike ultrasound, AlphaSonic technology does not heat tissue therefore, it is safe to use with metal plates, pins or staples in the body. Since application does not require any special gel or prep, it can be easily and quickly applied in all phases – acute, sub-acute and chronic. The extremely low frequency sound waves penetrate through bandages, boots, blankets and even plaster casts.

Verification of distance and penetration of objects and tissues. Therapeutic benefits of relaxation and stress reduction have been observed thousands of times when AlphaSonic is applied from a distance of several inches to several feet away. As of this writing, a formal study has not been conducted to verify the efficacy of distance applications. My quest to verify the distance these sound waves could travel and penetrate was satisfied by a report following evaluation at the Kennedy Space Center in Florida. Among other things, the report stated, “ ...anything less than a small building will have minimal effect ...”.



## Action Step—what do you do now?

*Nature performs the cure, the physician takes the fee. ~ Benjamin Franklin*

Ready for some scientific ‘miracles’ in your own life? Go to [www.MakePainGoAwayNow.com](http://www.MakePainGoAwayNow.com) and order your own AlphaSonic and start your journey towards health, healing and a restored life.

Once there, choose a membership program that suits your needs so you can be empowered to take charge of your well-being in a totally safe and highly effective manner in the privacy of your home.

Why a membership program? AlphaSonic is considered **disruptive technology**. That means it can disrupt the flow of money from an established source and divert it to other areas. For example, if enough people stopped buying over the counter and prescription medications, it could impact the pharmaceutical industry. The savings on OTC and prescription medications might then be diverted to other activities like sports, movies, going out, home improvement, etc. While you might be feeling fantastic and enjoying your new quality of life, it just may ruffle the feathers of those who were profiting from your ailments. Having a membership program allows all of us to **freely and safely** discuss and share groundbreaking news, successes, ideas and other valuable information in an educational format that is not available to the public.

By becoming a member, you can also:

- Be referred to technicians and practitioners I have personally trained over many, many years who specialize in your area of concern
- Receive discounts on private consultations
- Receive discounts on seminars and workshops

I can't wait to hear your story.



## How to Get Results with your AlphaSonic

In the early days of applying the technology for a wide variety of maladies, results ranging from minimal to miraculous were observed. It took years of practice, research and thousands of field applications to develop techniques that would produce consistent results that were duplicable.

Until the development of the Application Protocol Library, training in application techniques was only available at live seminars and private consultations with Susan Stoltz, who believes that, 'Knowledge not shared is knowledge wasted.'

Having clear and to the point instructions can be crucial when someone is not feeling well. After guiding an eight year-old through a protocol over the phone while his grandmother was having a "mini-stroke" (transient ischemic attack (TIA), Susan realized she had to make the protocols easy enough for anyone to understand. (Note: The eight year-old did a great job and his grandmother recovered faster than she had after previous attacks.)

Susan states, 'Through my work with thousands of people and animals, I have come to expect results. EVERY time using these protocols. Every single time.'

As a result of Susan's particular techniques using the AlphaSonic, people experienced significant results. This consistent success from her techniques brought the demand for more protocols. 'It was absolutely time to have my protocols documented in a simple and easy-to-follow format to help all users get maximum results with their AlphaSonic.'

Thousands of hours have gone into the development of the protocol library. There is an art to getting superior results from your AlphaSonic and Susan has spent 18 years developing and perfecting that art. For the first time, the AlphaSonic Protocol Library it is available for all AlphaSonic users in an easy-to-follow and cost-effective format.

Currently, there are 152 human protocols published with another 125 in process. In addition, there will be protocol libraries for feline, canine, equine and wildlife species in the near future.

### Endorsements and Scientific Support

'Susan's protocols are definitely key to getting maximum results with AlphaSonic. During the last ten years of working with Susan Stoltz and AlphaSonic, her protocols have proven to be highly effective for many maladies, time after time. The results often stump modern medicine. Both objective and subjective data reflect a significant difference in results between just local applications vs. application with Susan's protocols.'--Ron Riegel, DVM Author, Speaker, and Research Scientist

'I have had chronic bronchitis and severe allergies for over 15 years. One day when I was suffering from a severe allergy attack, I followed Susan's Allergy Protocol for the AlphaSonic. Within 5 minutes, I could

## Healing at the Speed of Sound

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feel my histamine levels go down--the sensation of feeling sensitive to everything reduced significantly, as did the runny nose, watery eyes and sneezing. After 10 minutes of following Susan's guide, my overall symptoms reduced by 90%. Six hours later when mild symptoms returned, I repeated the protocol and had no allergy symptoms for a week!--Erika Trexler, CMT, yoga teacher.



**Before**



**After**

The Allergy Protocol that gave Erika such dramatic relief is on the following page and the format is representative of other protocols.



## Protocol Index List

1. Susan's 100k Overhaul
2. Abdominal Distention
3. Acid Reflux –GERD
4. Acne
5. ADHD/Hyperactivity
6. Allergies
7. Alzheimer's
8. Angina
9. Ankle
10. Anti-Aging
11. Arnold Chiari
12. Arterial Sclerosis
13. Arthritis-Hands
14. Asthma
15. Atrophy
16. Back Pain- middle, lower and upper
17. Bed Wetting
18. Bells Palsy
19. Bladder Infections
20. Bronchitis
21. Bruising
22. Bursitis
23. Cancer Pain
24. Candida
25. Carpal Tunnel
26. Cataracts
27. Chest Congestion
28. Chronic Fatigue Syndrome
29. Circulation-Improvement
30. Colds
31. Colitis
32. Constipation
33. COPD
34. Coughing
35. Cramps-Muscle
36. Crohn's Disease
37. Cystitis
38. Degenerative Joint
39. Detoxification
40. Diabetes
41. Diarrhea
42. Digestion
43. Diverticulitis
44. Dizziness
45. Earaches
46. Edema
47. Elbow-Golfers
48. Elbow-Tennis
49. Elimination
50. Emphysema
51. Endometriosis
52. Energy
53. Epilepsy
54. Epstein Barr
55. Erectile Dysfunction
56. Eyes: cataracts, glaucoma, macular degeneration
57. Fainting
58. Fatigue
59. Fever
60. Fibromyalgia
61. Flatulence
62. Gall Bladder Colic
63. Gall Bladder Issues
64. General Health and Wellness Maintenance
65. Gout
66. Gums
67. Hangover
68. Hay Fever
69. Headaches-migraines: frontal, occipital and temporal
70. Heartburn
71. Heel Spur
72. Hemorrhoids
73. Hiatial Hernia
74. High Blood Pressure
75. Hip Pain
76. Hormonal Issues
77. Hyperactivity/ ADHD
78. Immune System
79. Impotence
80. Insomnia
81. Irritable Bladder
82. Irritable Bowel
83. Joints and Ligaments
84. Kidney
85. Knee Pain
86. Laryngitis
87. Libido-Decreased
88. Liver Problems
89. Liver Trouble
90. Low Blood Pressure
91. Lung Issues
92. Lyme's Disease
93. Memory
94. Meniere's Disease
95. Menopause Issues: hot flashes and sleep
96. Mental Clarity
97. Metatarsalgia
98. Morning Sickness
99. Motion Sickness

- 100. Multiple Sclerosis
- 101. Muscle Flexibility
- 102. Muscle Knots
- 103. Muscular Pain
- 104. Nasal Congestion
- 105. Nausea
- 106. Neck Pain
- 107. Nervousness
- 108. Nosebleeds
- 109. Pain-General
- 110. Palpitations
- 111. Panic Attacks
- 112. Parasites
- 113. Parkinson's
- 114. Perspiration-  
excessive
- 115. Plantar Fasciitis
- 116. PMS
- 117. Prostate Problems
- 118. Reynaud's Disease  
Problems ( female)
- 119. Respiratory Issues
- 120. Restless Leg  
Syndrome
- 121. Rheumatoid Arthritis
- 122. Rotator Cuffs
- 123. Scar Tissue
- 124. Sciatica
- 125. Scoliosis
- 126. Shingles
- 127. Shock
- 128. Shoulder: pain,  
surgeries, range of  
motion
- 129. Sinuses
- 130. Skin Issues: eczema,  
psoriasis, acne, rashes
- 131. Sleep Apnea
- 132. Snoring
- 133. Sore Throat
- 134. Sprains-Thumb and  
Fingers
- 135. Swollen Ankles or  
Feet
- 136. Teeth Grinding
- 137. Tenosynovitis
- 138. Thyroid: hyper and  
Graves disease
- 139. Tinnitus
- 140. TMJ
- 141. Toe Cramps
- 142. Tonsillitis
- 143. Toothaches
- 144. Urinary Incontinence
- 145. Urinary Retention
- 146. Varicose Veins
- 147. Vertigo
- 148. Vomiting
- 149. Water Retention
- 150. Weakness
- 151. Wheezing
- 152. Whiplash
- 153. Wrist Pain



## Allergies

Description: Allergies are abnormal reactions of the immune system that occur in response to otherwise harmless substances. <http://www.answers.com/topic/hay-fever>

### Protocol Overview and approximate times:

- |     |                                       |                   |
|-----|---------------------------------------|-------------------|
| 1.  | Sweep the body 3x                     |                   |
| 2.  | Ears                                  | 30 sec. to 1 min. |
| 3.  | Back of hands                         | 1– 3 min.         |
| 4.  | Top of feet                           | 1 - 3 min.        |
| 5.  | Back of wrists                        | 1 - 3 min.        |
| 6.  | Sweep 3x                              |                   |
| 7.  | Outside of elbows                     | 1 min.            |
| 8.  | Back of head                          | 1 - 2 min.        |
| 9.  | Upper chest                           | 30 sec. to 3 min. |
| 10. | Top of head and below navel, sweep 3x | 1 min.            |
| 11. | Top of feet again                     | 1 - 2 min.        |
| 12. | Ankles above inside                   | 2 - 3 min.        |
| 13. | Knees above inside                    | 1 - 2 min.        |
| 15. | Back of hands again                   | 2 min.            |
| 16. | Sweep 3x                              |                   |

Approximate application time: 8 - 30 minutes or until symptoms improve, and then repeat as desired.

Help the person receiving the session find a comfortable position. For self-application, lay down or sit in a chair, whichever is more comfortable.

1. Sweep the body on HIGH setting 3x. See last page for detailed sweeping instructions.

**Continued on the next page.**



- Using the MED setting, place the transducers 1 - 2 inches away from the ears, simultaneously or one at a time.



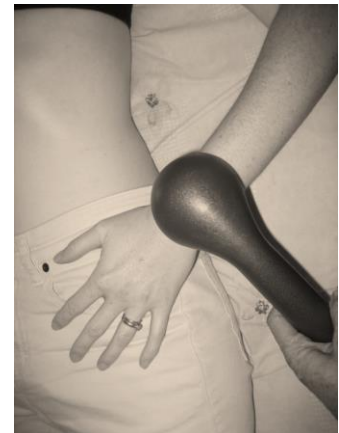
- Place the transducers on the back of the hands between the thumb and the index finger, simultaneously or one at a time.



- Place the transducers on the top of the feet, simultaneously or one at a time.



- Place the transducers on the back of wrists, simultaneously, or one at a time.



- Sweep the whole body on the HIGH setting.

- Using the MED setting, place the transducers on the outside of the elbows, simultaneously or one at a time.



- Place the transducers on the back of the head, simultaneously or one at a time.



- Place the transducers on the chest, on the left and right sides simultaneously or one at a time.

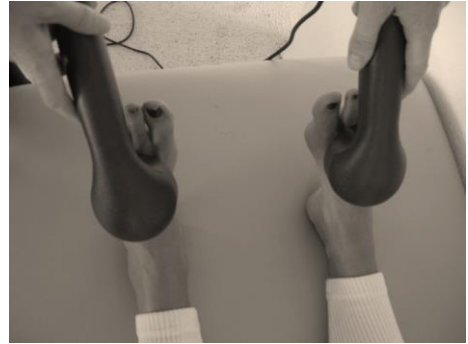


- Place the transducer on the top of the head, and below the navel.



- Sweep the whole body on the HIGH setting.

12. Using the MED setting, place the transducers on the top of the feet, simultaneously or one at a time.



13. Place the transducers above and inside the ankles, simultaneously or one at a time.



14. Place the transducers above and inside the knees, simultaneously or one at a time.



15. Place the transducers on the back of the hands between the thumb and the index finger, simultaneously or one at a time.



16. Sweep the whole body on the HIGH setting. Be sure to drink plenty of water.

## About Susan Stoltz

*The greatest blessing God provided me was not my physical healing. It was giving me a purpose and a passion to help make sure that no one had to suffer as I did. ~ Jordan Rubin*

In 1992, low frequency sound wave therapy helped restore Susan's health. Severe pain and toxicity from a burst ovarian cyst was further complicated by a series of allergic reactions to medications prescribed to treat her condition. The medical community held no answers and four months later she was severely underweight, had lost her short term memory, vision was impaired, the whites of her eyes were pale yellow and her tongue was dark with a black coating. She lacked energy and vitality, and even lost desire for her lifelong passion for horses, of which she had seven.

Susan began receiving holistic care which included acupuncture, Chinese herbs, chiropractic and nutritional supplementation which helped to a certain degree. Her body was in such a state of toxicity, depletion and imbalance, her doctors told her it would take six months to a year to rebuild her health. Shortly thereafter, she was introduced to a low frequency sound wave technology that cut that recovery time dramatically.



A few hours after her initial 20 minute application, she realized her memory loss and vision were corrected. Daily application over the next two weeks along with her new health regimen resulted in enough energy, vitality strength and stamina to resume riding four to five horses daily. Upon returning to the saddle, she wondered if the technology would benefit her equines. Her competition horses sometimes had strenuous workouts, and they often received medications for the resulting inflammation, muscle spasm, soreness and poor circulation. In addition to medication therapy, she had numerous therapy devices which usually were minimally effective and sometimes labor intensive.

She began using the technology on the horses with excellent results and the horses loved the sessions. Their bodies became more supple and flexible, they required less medication and performance went up. Better attitudes, increased appetites, brighter eyes and glossier coats were also observed. Results of veterinary exams changed from "prescribed rest, medication and therapy" to that of "SOUND health, able to perform". Using the technology for general maintenance proved easy, beneficial to health and highly cost effective for both Susan and her equine program.

As fate would have it, one of the horses suffered an acute colic, a very painful gastro intestinal disorder (in this case a blockage) which can be life threatening. While waiting for the vet to arrive, Susan treated the horse with the sound wave technology. The vet arrived within 30 minutes and found all symptoms gone, all vitals were normal with normal intestinal activity. The dried sweat marks on his body, abrasions from violent thrashing and two fresh manure

piles were the only remaining evidence of his bout with colic. No medications had been administered and none were prescribed. The acute condition was resolved quickly, safely, and without drugs, surgery or other invasive means. Relief from the pain, spasm and blockage was obtained by using the sound wave technology, administered by a lay person, who loved her animals. This event was life altering for Susan.

Since 1991, Susan Stoltz has brought sound wave technology to thousands of people for use on themselves and their animals. In addition, she has made numerous television and radio appearances, invited guest speaker at UC Davis School of Molecular Biology, Texas A&M Veterinary College, and numerous chiropractic and veterinary educational seminars around the country.

Many of her clients have attained notable accomplishments, fame and fortune by using her techniques in competitive sports. Including two Kentucky Derby winners, a pro football team going Super Bowl, World record setting sales prices for market goats, triathletes, golfers, swimmers, major league baseball players to name a few.

For many cases where there was no apparent hope, her techniques have brought significant improvement and renewed hope. Whether human or animal, stroke patients, severe neurological cases, various cancers, advanced emphysema, avoiding amputation, severe burns, and everything on the Protocol Index List.

Susan has worked with many different species from rats to elephants and everything in between.

Other interests include her two daughters, her dogs, gardening, golfing, cooking and relentless pursuit of discovering new applications for energy technologies and human energy transmissions. Susan uses muscle testing and her highly developed intuitive skills extensively in her work as a medical intuitive working with clients around the globe in person and by telephone.

Susan developed the Application Protocol Library for AlphaSonic technology and loves empowering laypeople by teaching them how to take charge of and enhance their health and for those they care for in a safe natural, fast and effective way.

She works with athletes to help them overcome injuries and recover faster and setting new personal bests and setting new world records.

Susan pioneered studies in the United States using surface EMG, blood serum analysis, infrared thermography and performance analysis for sound wave technology.

On a more personal note:

She has lost seven family members mostly due to prescription or illegal drug use.

Had an equine breeding program.

Loves super heroes.

Always wanted to be a career detective or solving mysteries, which she enjoys doing now with human and animal bodies.

Wants to be outside every day.

Does not want to be on the computer.

Prefers social interaction to social media.

*After all my years of thought and study, I have come to the final realization that all that exists is energy, and beyond that a Divine consciousness. ~ Einstein*



## Thank You

*"When you are inspired by some great purpose, some extraordinary project, all of your thoughts break their bonds, your mind transcends limitations, your consciousness expands in every direction and you find yourself in a new great and wonderful world. Dormant forces, faculties and talents become alive, and you discover yourself to be a greater person by far than you ever dreamed yourself to be. ~ Patanjali*

Without the contributions of so many people and animals far and wide around the globe, this work would not be possible. I give thanks and immense gratitude first and foremost to my daughters Sophie and Kristen for tolerating the endless hours, middle of the night emergency cases, interruptions to their schedules, and their trust in me to address their health, wellness and urgent care needs using this technology.

I give thanks to the scientists well ahead of their time in developing this technology.

I give thanks to the medical community who gave up on me in 1991 and told me to go home and get my affairs in order, that there was nothing they could do for me. I give thanks to God responding to me so quickly when I asked to be shown something that would help me or take me home, providing there would be someone to care for my daughter.

I give thanks for the many challenges I have faced in making this technology available to the public including those who tried to stop me from making it possible.

Thank you to the medical doctors, veterinarians, chiropractors, osteopaths, massage therapists, neurologists, acupuncturists, dentists, who had their patients best interest and well-being at heart to try something new in the quest for seeking effective measures, holding true to the Hippocratic oath, trusting in my conviction and embracing this technology.

Immense gratitude goes to Nicola Tesla.

Immense gratitude to the people and animals for all the suffering, pain, trauma, hopelessness and despair they experienced and their prayers that were finally answered through this modality.

Immense gratitude to the above for being my teachers and allowing me to learn from them.

Immense gratitude to our Creator for making all things possible.

